

# Menus for May 2010



**Cape Henlopen School District—H.O. Brittingham**  
 This institution is an equal opportunity provider and employer.



*Cinco de Mayo (May 5th) celebrates a great Mexican military victory in 1862.*

## Available Daily

**Breakfast: Graham Crackers  
Fruit, & Fruit Juice**

**Lunch: Chef's Salad ~ Crackers  
Yogurt ~ Crackers  
Peanut Butter & Jelly Sandwich  
Tuna Sandwich**

**Ham & Cheese Sandwich  
(Includes Two Sides + Milk!)**

I LOVE YOU MOM!



**MOTHER'S DAY MAY 9**

**REV UP  
YOUR  
ENGINE**

**EAT  
SCHOOL  
LUNCH**



**School Meals**  
 We serve education every day™

### Monday, May 3

**Breakfast**  
Assorted Cereal  
or Yogurt

**Lunch**  
Pizza Dipper  
w/wo Marinara Sauce

**Choice of Two**  
Steamed Broccoli  
Fruit Mix  
Fruit Juice  
*Soup of the Day: CK Rice*

### Tuesday, May 4

**Breakfast**  
Pancakes  
or Yogurt

**Lunch**  
Chicken Nuggets  
~ Warm Roll

**Choice of Two**  
Macaroni Salad  
Fresh Veggies w/Dip  
Frozen Peach Cup, Fruit Juice  
*Soup of the Day: CK & Dumplings*

### Wed., May 5

**Breakfast**  
Muffin  
or Yogurt

**Lunch**  
Nachos w/Ground Beef  
~ Cheese

**Choice of Two**  
Spanish Rice  
Corn  
Fruit Variety, Juice  
*Soup of the Day: Vegetable*

### Thursday, May 6

**Breakfast**  
Sausage Pancake on Stick  
or Yogurt

**Lunch**  
Pizza

**Choice of Two**  
Tossed Salad w/Lite Dressing  
Apple Crisp, Fruit Juice  
*Soup of the Day:  
Bunkhouse*

### Friday, May 7

**Breakfast**  
Honi Bun  
or Yogurt

**Lunch**  
Stacked Turkey  
on Whole Wheat Bun

**Choice of Two**  
Pasta Salad, Lettuce  
and Tomato, Pears  
Fruit Juice  
*Soup of the Day: Chef's Choice*

### Monday, May 10

**Breakfast**  
Assorted Cereal  
or Yogurt

**Lunch**  
Chicken Tenders  
~ Warm Roll

**Choice of Two**  
Tater Tots, Winter Mix  
Fruit Mix, Fruit Juice  
*Soup of the Day:  
Broccoli-n-Cheese*

### Tuesday, May 11

**Breakfast**  
Sausage Pancake on Stick  
or Yogurt

**Lunch**  
Meatballs on Roll  
Mighty Rib on Bun

**Choice of Two**  
Tasty Glazed Carrots  
Scalloped Potatoes  
Chilled Pears, Juice  
*Soup of the Day: CK Noodle*

### Wed., May 12

**Breakfast**  
Whole Grain Cinnamon Bun  
or Yogurt

**Lunch**  
Spaghetti w/wo Meat  
or Marinara Sauce  
~ Garlic Toast

**Choice of Two**  
Green Beans  
Fruit Cup, Fruit Juice  
*Soup of the Day:  
Chef's Choice*

### Thursday, May 13

**Breakfast**  
Hot Pocket  
or Yogurt

**Lunch**  
Pizza Burger  
Cheeseburger  
on Whole Grain Bun

**Choice of Two**  
Fries, California Blend  
Fruit Variety, Juice  
*Soup of the Day:  
Vegetable Beef*

### Friday, May 14

NASCAR in Dover May 16!

**Breakfast**  
Pop Tart  
or Yogurt

**Lunch**  
Toasted Cheese

**Choice of Two**  
Tomato Soup  
Baby Carrots w/Dip  
Apple Slices, Juice  
\*Bonus: Sports Crackers!  
\*Check Cut-Off