

# Menu for June 2019



## Muhlenberg Middle School

This institution is an equal opportunity provider.  
Menus are subject to change.



# GET IN THE SWIM.

Spending a few hours or a day at a pool or on the beach is what summer is all about! It's fun, relaxing, and great exercise – a triple benefit for anyone's wellness! So have fun around the water this summer, but please wear sunscreen and **BE SAFE**. Whether you're swimming in a river, lake, ocean, pool, or water park, know your limitations and your ability. And don't ever swim alone.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

**Monday, June 3**

**Breakfast**  
Bagler  
Assorted muffins

**Lunch**  
Chicken tenders w/dip  
Rice  
Buttered corn  
Fruit

All meals will have a choice  
Of milk and juice  
Menu subject to change  
Brkfst \$1.55 \$ lunch \$2.60

**Tuesday, June 4**

**Breakfast**  
Ultimate Breakfast Round  
Assorted cereal

**Lunch**  
Pizza slice w/ toppings  
Snack bag  
Carrots w/ ranch  
Fruit

All meals will have a choice  
Of milk and juice  
Menu subject to change  
Brkfst \$1.55 \$ lunch \$2.60

**Wednesday, June 5**

**Breakfast**  
Chef's choice  
Assorted muffins

**Lunch**  
No lunch  
Today  
See you  
Next year

All meals will have a choice  
Of milk and juice  
Menu subject to change  
Brkfst \$1.55 \$ lunch \$2.60

**Thursday, June 6**

**Please come and join us this summer in the C.E. Cole Intermediate School Cafeteria for our Summer Food Service Program**

**Friday, June 7**

**We will be serving delicious and nutritious breakfast and lunch Monday-Thursday from June 17th-August 8th. We will be closed July 4th**

**Father's Day June 16**

**Hang out with Dad!**

**Monday, June 17**

**Breakfast**  
Mini pancakes w/ syrup  
Assorted cereal

**Lunch**  
Muhl fil a day  
Spicy or regular chicken breast sandwich on buns with lettuce, tomato, pickles

Build your own hoagie

Fresh fruit & vegetable  
Milk and water

**Tuesday, June 18**

**Breakfast**  
Cinnamon bun  
Assorted cereal

**Lunch**  
Cheeseburger  
Beef burgers with American cheese, lettuce, tomato, pickles on a bun.

Pulled pork BBQ

Fresh fruit & vegetable  
Milk and water

**Wednesday, June 19**

**Breakfast**  
Pop tart  
Assorted muffins

**Lunch**  
BBQ Beef ribs or Hot dogs  
Served on rolls with a selection of toppings, condiments and snacks

Build your own hoagie

Fresh fruit & vegetable  
Milk and water

**Thursday, June 20**

**Breakfast**  
Mini waffles w/ syrup  
Assorted cereal

**Lunch**  
Pizza party picnic  
Pizza slice, baked chips, ice cream and lemonade with a salad bar and dressings

Pulled pork BBQ

Fresh fruit & vegetable  
Milk and water

**Summer Food Service**  
**Breakfast 8:00-10:00**  
**Lunch 10:30-12:30**

**No meals on Fridays**

**All kids eat free. No paperwork is necessary. Must be 18 years of age or under**

**YOUR ASSIGNMENT**

Have a GREAT summer! We'll see you in a few months!