

**DON'T FORGET TO  
SPRING  
FORWARD  
ON MARCH 14!**

**Menus for  
March 2010**

**Rehoboth Elementary**

*This institution is an equal opportunity  
provider and employer.*



# School Breakfast



**NATIONAL SCHOOL BREAKFAST WEEK  
MARCH 8~12, 2010**

March 2 is the Birthday  
of Dr. Seuss!



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**Monday, March 1**

**Breakfast**

Hot Oatmeal  
or Yogurt

**Lunch**

Cheese Steak  
on Whole Grain Bun

**Choice of Two**

Onion Rings, Lettuce &  
Tomato, Peaches, Juice  
*Soup of the Day:*  
*Manhattan Clam*

**Tuesday, March 2**

*Happy Birthday Dr. Seuss!*

**Breakfast**

Breakfast Pizza  
or Yogurt

**Lunch**

Chicken Patty  
on Whole Wheat Bun

**Choice of Two**

Lettuce & Tomato  
Winter Blend, Fruit Mix  
ABC Snacks, Fruit Juice  
*Soup of the Day:* *CK Noodle*

**Wed., March 3**

**Breakfast**

Bagel w/wo Cream Cheese  
or Yogurt

**Lunch**

Nachos w/Ground Beef  
~Cheese

**Choice of Two**

Mexicali Corn  
Apple Crisp  
Pineapple Tidbits, Fruit Juice  
*Soup of the Day:* *Vegetable*

**Thurs., March 4**

**Breakfast**

Waffle Styx  
or Yogurt

**Lunch**

Hot Dog on Bun

**Choice of Two**

Tater Tots, Broccoli  
Mandarin Oranges, Juice  
*Soup of the Day:*  
*Lima Bean/Corn Dumpling*

**Friday, March 5**

**Breakfast**

1/2 Day—No Breakfast

**Lunch**

Cheese Pizza

**Choice of Two**

Tossed Salad w/Lite Dressing  
Frozen Sherbet Cup  
Pears, Fruit Juice  
*Soup of the Day:*  
*Chef's Choice*

**Available Daily**

**Breakfast: Graham Crackers,  
Toast, Fruit, & Fruit Juice**

**Lunch: Chef's Salad ~ Crackers  
Yogurt ~ Crackers  
Peanut Butter & Jelly Sandwich  
Tuna Sandwich  
Ham & Cheese Sandwich  
(Includes Two Sides + Milk!)**

**Monday, March 8**

**Breakfast**

Hot Oatmeal  
or Yogurt

**Lunch**

Pizza Dippers  
w/wo Marinara Sauce

**Choice of Two**

Green Beans  
Peaches, Fruit Juice  
*Soup of the Day:*  
*Cream of Broccoli*

**Tuesday, March 9**

**Breakfast**

Sausage Pancake on Stick  
or Yogurt

**Lunch**

Chicken Nuggets  
~Warm Roll

**Choice of Two**

Parsley Potatoes, Peas  
Fresh Apple Slices, Juice  
*Soup of the Day:*  
*Chicken Rice*

**Wed., March 10**

**Breakfast**

Whole Grain Cinnamon Bun  
or Yogurt

**Lunch**

Cheeseburger  
on Whole Wheat Bun

**Choice of Two**

Fries, Lettuce & Tomato  
Pineapple Tidbits, Fruit Juice  
*Soup of the Day:*  
*Peas-n-Dumplings*

**Thurs., March 11**

**Breakfast**

Breakfast Bagel  
or Yogurt

**Lunch**

Toasted Cheese

**Choice of Two**

Tomato Soup  
Baby Carrots w/Dip  
Pears, Fruit Juice  
*\*Bonus: Sun Chips!*  
*Soup of the Day: Tomato*

**Friday, March 12**

**Breakfast**

Egg & Cheese Biscuit  
or Yogurt

**Lunch**

Oven Baked Fish on a Bun  
Sloppy Joe on Bun

**Choice of Two**

Mac-n-Cheese, Stewed  
Tomatoes, Applesauce, Juice  
*Soup of the Day:*  
*Vegetable Beef*

**HIGH  
SCHOOL  
MOOSICAL**

**Choice of milk served  
with all complete meals:**  
SKIM MILK, 2% LOWFAT  
WHITE, FAT FREE CHOCOLATE